



**NBCUniversal**  
Cable Entertainment  
**HOSTING WORKSHOP**

**HOST SCRIPT OPTIONS**

*Hard Deadline: April 12, 2019*

# SELF-TAPE INSTRUCTION TIPS

***Submission period: March 14, 2019 – April 12, 2019***

**The application will not go live until March 14 2019.**

The **5th Annual Hosting Workshop** sponsored by NBCUniversal Cable Entertainment aims to cultivate & discover exceptional on-camera host talent. **The workshop will take place in Miami.** All participants will have the opportunity to enhance and sharpen their hosting skills. This workshop is not for beginners, but for participants with some host experience already under their belt. We are looking for candidates drawing upon diverse backgrounds.

Applicants must submit two self-taped videos with the provided host scripts and fill out the online form. In addition to the self-taped host scripts, be prepared to also submit a host reel of your previous work. Submissions must be in by April 12, 2019.

## **SELF-TAPE INSTRUCTIONS**

1. You must submit **TWO self-taped videos. Please select two host scripts (and no more than two)** from the four we have provided here. Host copy is unisex, and can be performed by any gender.
2. Before you hit record:
  - Clear your background of any distracting images or items.
  - Test your lighting. (We need to be able to see you clearly.)
  - Test your sound quality. (We need to be able to hear you clearly.)
  - Frame yourself from the chest or shoulders up.
3. Recording your host script:
  - Perform directly to camera.
  - Clearly state your FULL NAME before each host copy performance.
4. Uploading your self-taped host scripts:
  - Upload your video to a publicly accessible site such as YouTube.com or Vimeo.com.
  - Please record and upload each host script reading/performance SEPARATELY.
  - Include your FULL NAME in the title of each video you upload.
  - If your video is Private, be sure to give us a way to access it (i.e. if your video requires a passcode, make sure you include it on your application.)

Please note:

- We will accept online submissions only; no mail-in submissions will be accepted.
- Late submissions will not be accepted for any reason.

## HOST SCRIPT #1

FYI, The 3-Month salary rule for buying an engagement ring is over. Some people go way over the three month guide but most are now spending two weeks' pay, or typically one whole paycheck, on a ring. The *New York Times* reports that the average engagement ring cost \$5,000. Overall, it says, "The three-month rule for engagement rings, which has roots in a brilliant marketing campaign, is very much an illusion." Many women are now also going along to look at rings with their partners. "More couples are shopping together and discussing what they want and what they can afford," says the report, adding, "Engagement rings are 100 percent personal ... How much you have to spend is how much you have to spend, and you shouldn't feel better or worse about your relationship because of it."

## HOST SCRIPT #2

When she unwittingly triggered a multi-way celebrity feud over Keto, with a host of celebs including Al Roker and Andy Cohen passionately speaking out to defend the diet — while slamming Michaels. Now, the trainer is going after yet another cult fitness trend — one that devoted followers feel as passionately about as Keto. Michaels is talking about CrossFit — and yes, she knows it's "going to make so many people pissed off." Overall, Michaels say that people need to be looking at "training in a more balanced way" than CrossFit, "to keep the body changing and keep your training more holistic by hitting all modalities of fitness." Go to [bravotv.com](http://bravotv.com) to read what celebs have said about the Keto diet — both good and bad:

## HOST SCRIPT #3

You know there's really no such thing as a totally blind date anymore — not with the deep dive you can do online beforehand. In a recent study of 2,000 dating adults, 88 percent admitted to researching prospective mates before even agreeing to a first date. They researched even more after the date, whether they were into the person or not. Call it curiosity. So, what are people looking for, what are they finding, and how is it affecting their experiences? Well, first they are checking Facebook, then Google, Instagram and Twitter. They backed out of a first date after finding info they didn't like. Two-thirds say they go "most" or "all the way" back in a person's social media profile before a 2nd date. At the end of the day, majority of people are not embarrassed by their pre-date investigations.

## HOST SCRIPT #4

What's going viral? Who's been the top trending topic on Twitter? And what are the news stories that had us obsessed all week? There's plenty of can't-miss stuff out there beyond our Bravoverse. And every Friday, we're rounding up all the must-see stories, Tweets, Instagrams, YouTubes, Vines, and more in one handy place. Go to [Bravotv.com](http://Bravotv.com) to check it out!